

Make a difference!

Read labels when you shop. The choices that you make can affect orangutans.

What is palm oil?

Palm oil (or palmitate) is a very common ingredient in everyday food, household, and beauty products, including baked goods, convenience and snack foods, candy, non-dairy products, cosmetics, and soaps.

Non-sustainable palm oil production destroys rain forests and is devastating to orangutans and other wildlife.

How can I help?

Choose products made by Roundtable on Sustainable Palm Oil (RSPO) member companies. They have made a commitment to moving toward using sustainable palm oil in their products.

RSPO Member Companies*

Avon	L'Oreal
Body Shop	Mars, Incorporated
Colgate-Palmolive	McDonalds
ConAgra Foods, Inc.	PepsiCo
General Mills	SC Johnson and Son, Inc.
GoodLight Natural	Seventh Generation
Candles	Sun Products
Harlan Bakeries	Twincraft Soaps
Hershey Company	Unilever
Johson & Johnson	Wal-Mart Stores, Inc.
Kelloggs	
Kraft	Skippy Peanut Butter

*Partial list

How can I help?

- Demand clear labeling for products that contain sustainable palm oil.
- Urge companies that are not RSPO members to join and make a commitment to sustainable palm oil.



best choices shopping guide

July 2018

PALM OIL



RSPO Member Products (Food)

3 Musketeers	Carr's Cookies
A1 Sauce	Carr's Crackers
Act II	Cascadian Farm Products
Almond Joy	Cheerios Cereal
Altoids	Cheez-its -Sunshine
Aunt Jimema Foods	Chef Boyardee
Austin Brand Crackers	Chex Cereal
Baby Ruth	Chex Snack Mix
Bac Os	Chicken Helper Meals
Baker's Chocolate	Chips Deluxe Cookies
Banquet Meals	Cinnamon Toast Crunch
Barilla	Corn Nuts
Ben & Jerry's Ice Cream	Country Crock
Bertolli	Country Time
Betty Crocker products	Crunch and Munch
Big G cereals	Crystal Light
Bisquick	Dean's Dips
Blommer Chocolate	Doritos
Blue Bonnet Butter	Dove Chocolates
Boca Burgers	Edy's
Bowl Appetit Meals	Egg Beaters
Breyers	Famous Amos Cookies
Bugles Snacks	Fiber One Products
Bull's Eye BBQ Sauce	Fleischmann's
Cadbury	Food Should Taste Good
Capri Sun	Frescarini Pasta

Frito Lay	Justin's PB Cups
Fruit Gushers Snacks	Kashi
Fruit Roll-Ups	Keebler Cookies
Gardetto's Snacks	Keebler Crackers
General Mills	Kellogg's Products
Ghirardelli	Kid Cuisine
Gold Medal	Kix Cereal
Good & Plenty	Knorr Products
Good Earth Meals	Kool Aid
Grandma's Cookies	Kraft
Great Value Foods	Kudos
Green Giant	La Choy
Grey Poupon	Laffy Taffy
Hamburger Helper	Lärabar
Healthy Choice Foods	Lays
Heath Bars	Lean Pockets
Hebrew National	Libby's
Hellmann's Products	Lifesavers
Helper Complete Meals	Lindor Truffles
Hershey's	Lipton
Horizon Dairy Products	Lucky Charms Cereal
Hunt's	M&Ms
International Delight	Macaroni Grill Meals
Jell-O	Marie Callender's
Jenny Craig Meals	Marie's Dressings
Jeno's Pizza	Mars Candies & Foods
Jiffy Pop	Maxwell House
Jolly Ranchers	Milk Duds
Justin's NutButter	Milky Way

Monsters Cereal	Potatoes
Morning Star Products	Silk Soymilk
Mothers Cookies	Skippy Peanut Butter
Mountain High Yogurt	Skittles
Muffin Mam Pastries	Slim Fast
Muir Glen	Slim Jim
Nabisco	Snak Pack pudding
Nature Valley	Snickers
Nerds	Starburst
Old El Paso	Stouffers
Orville Redenbacher's	Suddenly Salad
Oscar Mayer	Sun Chips
Pam	SuperMoist Cake Mixes
Parkay	Sweet Rewards Bars
Peter Pan	Sweet Tarts
Pillsbury	Swiss Miss
Pillsbury Products	Tostitos
Planters Nuts	Total Cereal
Potato Buds	Totino's Pizza
Power Bars	Trix Cereal
Pringles	Tuna Helper Meals
Progresso Soups	Twix
Quaker products	Twizzlers
Reddi-Wip	Uncle Ben's
Reese's Candies	V.Pearl (Chinese Foods)
Rold Gold Pretzels	Wanchai Ferry
Rosarita Beans	Warm Delights
Sam's Choice	Wheaties Cereal
Seasoned Skilletts	Whoppers

Wrigley's
Yoplait Yogurt
York Peppermint Patty
Yuban Coffee

List courtesy of
Cheyenne Mountain Zoo

