## **Youth Outdoors** Overview



#### A partnership between









Presentation to Cleveland Metroparks **Board of Park Commissioners** June 19, 2018

For more information, please contact: John Rode: jar1@clevelandmetroparks.com Valerie Hura: Hura.5@osu.edu (216) 206-1010



Cleveland Metroparks

Provides co-leadership, outdoor staff and expertise, operating budget and facilities

Ohio State University Extension 4-H

Provides co-leadership, volunteer and youth development expertise

City of Cleveland

Provides connection to youth and support staffing on outings



# Addressing community needs for youth

- Providing healthy out-of-school time activities
- Facilitating positive youth/adult relationships and youth/youth leadership opportunities
- Building community
- Connecting the urban core to nature



### **YO Core Activities**

- Hiking
- Outdoor skills
- Fishing
- Canoeing
- Kayaking
- Biking
- Rock climbing
- Snowshoeing

- Cross country skiing
- Sledding/tobogganing
- Camping/backpacking
- Horseback riding
- Nature exploration
- Team building initiatives
- Service to parks and community



### How YO does it

- Partnering with community groups
- Special events
- Short term groups
- Creation of ongoing YO Adventure Clubs with monthly outings
- Activities sequenced to meet experience level of youth







# Why is YO successful?

- All programs are free
- Provide food, gear and outdoor clothing
- Provide some transportation
- Small group sizes
- Repeat participation of youth over time
- Utilization of trained staff and volunteers
- Grass-roots approach to building relationships with youth, adults, organizations and community



# Teen Engagement

#### Assists the transition into adulthood

- Peer leadership opportunities in Adventure Clubs
- Four clubs specifically for teens
- Leadership committees for Water Adventure Club and Horseback Riding program
- Youth Horseback Riding Volunteers and Horse Camp Counselors
- Career tour of Cleveland Metroparks
- Ohio 4-H Sea Camp on Kelleys Island
- Teen seasonal position within Youth Outdoors





# A collaborative approach (2017 statistics)

- 23 City of Cleveland Recreation locations participating
- 22 Other youth-serving organizations participating
- Programming included 28 ongoing Adventure Clubs, 4 horse clubs, 27 short-term groups and 5 special events



## Program Impacts 2017

- 568 programs delivered
- Total attendance (including special events) was 11,042 people representing 21,130 contact hours
- 713 individual youth participated in Adventure Clubs or short-term groups
- Youth attendance in outings and horseback riding programs was 2,337 youth representing 8,560 contact hours





# It's about the positive youth development through outdoor adventure...





