Cleveland Metroparks

Custom Programs

OUTDOOR RECREATION







What is a custom program?

Cleveland Metroparks Outdoor Recreation offers outdoor adventure based programs that can be customized to fit your organization, scout group, or other special occasion.

How do I request a custom program?

1 Select Your Program:

First, determine the type of program(s) you would like to request. The following program menu will help you determine which type(s) of programs/activities would best fit your goals. All activities have a maximum number of participants; you may select multiple programs to increase maximum numbers. This will increase the cost of the program and decrease date availability due to higher staff requirements. Program prices are subject to change.

2 Submit a Program Request Form:

Custom programs are available throughout the year, but fill quickly. They must be submitted at least one month prior to the request date. Each entity may request 1 custom program Memorial Day - August, and up to 3 in the off-season. Be specific with number of participants, goals for program, and locations. When requesting a date, the broader your group's availability (ex: weekday evenings), the more it will increase program date opportunities.

Visit: clevelandmetroparks.com/requestorcustom

3 Complete the Registration Form:

Once your request has been submitted, the custom program coordinator will make contact to discuss details and potential program dates. Once a program has been established, a Custom Registration Form will be sent. Return a signed copy with a deposit to ensure your program is confirmed on the program calendar.

Custom Programs

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How do I select a program?

Outdoor Recreation programs are broken into two categories: activity and type. First, you'll decide the *activity* (see list below). Next, the program *type* determines its scope including length of time, level of instruction, and cost. Then, you'll read through the program descriptions to find the program that best fits your group's goals.

1 Choose an Activity:

ACTIVITY:	JUMP TO PAGE:
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2 Choose a Program Type:

Try-It
Short and fun experiences designed to let you try an activity and see if you like it!

Learn-It
Dive deeper into the skills, knowledge and techniques for each outdoor recreation discipline.

Live-It
Enjoy larger experiences under the guidance of certified instructors, including local tours & certification courses.



3 Select a Specific Program:

Each program activity & type can have one or more available programs. Read through each bullet point and choose the best one for your group. Then, you'll complete the program request form: clevelandmetroparks.com/requestorcustom



CUSTOM PROGRAM MENU

Kayaking

Hinckley Lake, Wallace Lake, and Garfield Pond are great locations for beginners. Lake Erie provides a unique experience, but comes with more challenging conditions.

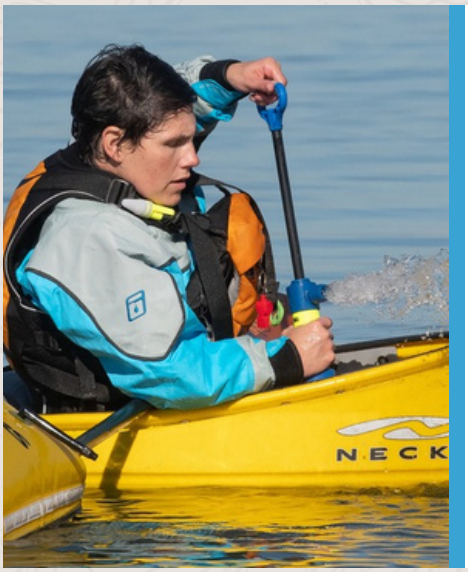
We also offer custom canoeing programs. Please email us at or@clevelandmetroparks.com for more information about canoe program options.



Try-It

- **New Experiences:** Have you always wanted to try kayaking? Now's your chance! Under the guidance of certified instructors, this is a short one-hour session where games and experiencing the activity are the focus.

Time: 1 hr.
Age: 8+
Max: 10 Participants
$10.00 Per Participant



Learn-It

- **Foundations:** Learn or refine basic paddling skills focusing on maneuvering efficiently and learning to stay safe along the way.
- **Rescues:** Learn deep water re-entry, assisted rescue techniques, advanced paddling strokes, and more.

Time: 2.5 hrs.
Age: 12+
Max: 10 Participants
$50.00 Per Participant
Youth Only:
$25.00 Per Participant

- **Coastal Kayaking:** Gain experience in a longer boat while learning advanced paddling techniques great for open water paddling.

Time: 2.5 hrs.
Age: 14+
Max: 7 Participants
$50.00 Per Participant



Live-It

- **Kayak Tours:** Experience the beauty & thrill of a new place under the guidance of certified instructors during a city skyline tour on Lake Erie or a night light paddle.

Time: 2 hrs.
Age: Varies: 10 - 14+
Max: 10 Participants
$35.00 Per Participant

- **Instructor Course:** Take your skills to a whole new level with an intensive ACA Instructor Certification Course or Update. Additional fees and days apply.

Cost: **$TBD**

CUSTOM PROGRAM MENU

Stand Up Paddleboarding

Hinckley Lake, Wallace Lake and Garfield Pond are great locations for beginners. Lake Erie provides a unique experience, but comes with more challenging conditions.



Try-It

- **New Experiences:** Have you always wanted to try stand up paddleboarding? Now's your chance! Under the guidance of certified instructors, this is a short one-hour session where games and experiencing the activity are the focus.

Time: 1 hr.
Age: 10+
Max: 10 Participants

$10.00 Per Participant



Learn-It

- **Foundations:** Learn or refine basic paddling skills focusing on efficiently maneuvering the board, standing, and getting back on when you fall off!
- **Advanced Strokes & Rescues:** Learn advanced strokes and balance techniques that will make your experience more enjoyable and effortless as well as essential rescue techniques.

Time: 2 hrs.
Age: Varies: 12 - 14+
Max: 10 Participants

$40.00 Per Participant

Youth Only:
$20.00 Per Participant



Live-It

- **SUP Tours:** Experience the beauty & thrill of a new place under the guidance of certified instructors during a city skyline tour on Lake Erie or a night light paddle.

Time: 2 hrs.
Age: Varies: 10 - 14+
Max: 10 Participants

$35.00 Per Participant

- **Instructor Course:** Take your skills to a whole new level with an intensive ACA Instructor Certification Course or Update. *Additional fees and days apply.*

Cost Per Participant:
$TBD

Rock Climbing

Experience rock climbing at Whipp's Ledges in Hinckley Reservation. These programs are best scheduled during drier months, as the rock face cannot be saturated. Anchor Building 1 programs are a great year-round option.

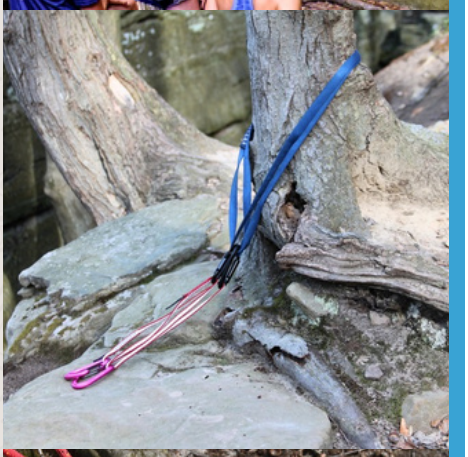


Try-It

- **New Experiences:** Our professionally trained staff will teach you the basics of climbing. You'll discover how fun, yet challenging climbing natural rock outside can be.

Time: 1.5 hrs.
Age: 8+
Max: 10 Participants
$15.00 Per Participant







Learn-It

- **Foundations:** Climb on natural rock while learning knots, how to belay, proper climbing techniques, and climbing terminology.

Time: 2.5 hrs.
Age: 12+
Max: 10 Participants
$32.00 Per Participant
Youth Only:
$25.00 Per Participant

- **Anchor Building 1:** Learn the principles of setting up natural top rope anchors, and then put those basic anchor building concepts into practice during this hands-on course. *Please note: guests will not be rock climbing as part of this anchor building program.*

- **Anchor Building 2:** Start where we left off in Anchor Building 1 by putting basic anchor building concepts into practice in the clifftop environment using both natural trees and fixed hardware.

Time: 3 hrs.
Age: 14+
Max: 10 Participants
$35.00 Per Participant

- **Rock Climbing Knots:** Learn rock climbing knots under the guidance of a certified instructor. Learn to properly tie the most common knots and their applications.

Time: 2 hrs.
Age: 8+
Max: 10 Participants
$10.00 Per Participant

Mountain Biking

Hop on a trail at Bedford or West Creek Reservations. These programs are best scheduled during drier months as the mountain bike trails must be open for use.



Try-It

- **New Experiences:** If you have wanted to get on a mountain bike and discover what mountain biking is all about, this is the program to check out! Under the guidance of professionally trained staff, discover Cleveland Metroparks mountain bike trails.

Time: 1 hr.
Age: 10+
Max: 10 Participants

$10.00 Per Participant





Learn-It

- **Skills Clinic:** This field-based skills clinic will focus on the fundamental elements of riding off-road: body position, braking, and basic maneuvers like moving over obstacles and keeping momentum. Learn how to stay balanced and in control while riding all types of technical terrain.

Time: 2.5 hrs.
Age: 12+
Max: 10 Participants

$35.00 Per Participant

Youth Only:
$25.00 Per Participant

- **Bicycle Maintenance:** Come learn what makes your bike work during this lecture style class with some hands-on experience. Experienced bike mechanics will show and explain how common parts on your bike work as you gain a better understanding of how to feel confident working on your own bike.

Time: 3 hrs.
Age: 14+
Max: 10 Participants

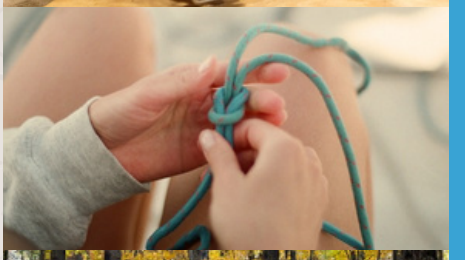
$35.00 Per Participant

Backcountry

Learn a variety of skills that will prepare you for your backcountry travels. Join us for an overview on basic backpacking information or learn specific skills like cooking. We'll get you ready to sign-up for a public backpacking overnight locally to multi-day trips.









Learn-It

- **Backpacking Basics:** Learn the basics of a safe and enjoyable backcountry experience before you hit the trail or invest in your own gear. Learn about outdoor ethics, essential gear, campsite selection, nutrition, water treatment, and more during this relaxing classroom session.

Time: 3 hrs.
Age: 12+
Max: 20 Participants
$18.00 Per Participant

- **Backcountry Cooking:** Tired of eating boil-in-a-bag meals? Discover tips and tricks to cooking a variety of delicious meals for your next backpacking trip. Participants will be cooking on backpacking stoves and have an opportunity to try the food prepared.

Time: 3 hrs.
Age: 14+
Max: 10 Participants
$18.00 Per Participant

- **Knots to Know:** Learn to properly tie the most commonly used knots for outdoor adventures. We will cover basic rope terminology, types of knots, when to use each, and practice tying / untying them.

Time: 2 hrs.
Age: 8+
Max: 10 Participants
$10.00 Per Participant

- **Orientation to Backcountry Camping:** Ever wonder what a backpacking site might look like? This program will include a tour of all 3 backcountry campsites, food storage methods, a stove demonstration in the backcountry kitchen, and much more.

Time: 2 hrs.
Age: 10+
Max: 10 Participants
$18.00 Per Participant

Outdoor Skills

Learn a variety of skills that will prepare you for your next outdoor adventure. Join us for a land navigation program, with options for guests of all ages. Or, learn new recipes for your next camping trip with an outdoor cooking demonstration.



Try-It

- **Map and Compass Scavenger Hunt:** Learn how to read maps and use a compass; then, put your skills to the test as you embark on a scavenger hunt looking for a hidden riddle along the trail.

Time: 1 hr.
Age: 5+
Max: 10 Participants

$10 Per Participant







Learn-It

- **Camp Cooking & Fire Building:** Spice up your campfire dinners with exciting new recipes and skills! You'll learn how to cook using Dutch Ovens and pie irons. Reasonable dietary restrictions can be accommodated.

Time: 2 hrs.
Age: 10+
Max: 10 Participants

$20.00 Per Participant

- **Land Navigation 1:** This land navigation primer takes an in-depth look at topographical maps and the basic concepts of compass use. The curriculum focuses on learning to read topographical maps and using them to identify landmarks along the trail as well as uniting map and compass.

Time: 3 hrs.
Age: 14+
Max: 10 Participants

$18.00 Per Participant

- **Land Navigation 2:** Delve more deeply into plotting a course and following it to your destination, including compensating for declination.

- **Wilderness First Aid (WFA):** The Wilderness First Aid (WFA) course is a hands-on first aid training course that will help you prepare for the unexpected and teach you what to do during an emergency in wilderness settings.

Time: 2 days, 16 hrs.
Age: 16+
Max: 15 Participants

$260.00 Per Participant

Winter Activities

Join us as we embrace winter with new ways to enjoy the snow. It is highly suggested that these programs are scheduled in North or South Chagrin, Brecksville, or Bedford Reservations where snow is more prevalent.



Try-It

- **Cross-Country Skiing:** Experience the thrill of gliding this winter as you learn about cross-country ski equipment and try techniques that will get you gliding in no time.

Time: 1 hr.
Age: 8+
Max: 10 Participants
$10.00 Per Participant

- **Snowshoeing Scavenger Hunt:** Embrace winter while learning about snowshoeing. Whether snow is here or not, you'll discover fun facts about snow travel.

Time: 1 hr.
Age: 5+
Max: 10 Participants
$10.00 Per Participant



Learn-It

- **Cross-Country Skiing:** This program provides an in-depth look at equipment and various classic cross-country ski techniques. Learn to glide across the snow more efficiently, turn and go up and down hills.

Time: 2.5 hrs.
Age: 12+
Max: 10 Participants
$25.00 Per Participant



Live-It

- **Snowshoeing Adventure:** Learn tips and tricks of basic snowshoe techniques while we traverse beautiful snow covered trails. The program will cover approximately 2 miles of varied natural surface terrain.

Time: 2 hrs.
Age: 8+
Max: 10 Participants
$20.00 Per Participant

Adaptive Recreation

Many Outdoor Recreation programs can be adapted with reasonable accommodations assuming participants meet the essential eligibility criteria. We also offer the below programs specifically designed with accessibility in mind.

Learn more about inclusive outdoor experiences, current adaptive equipment, and available scholarships at: clevelandmetroparks.com/inclusiveprograms

A ACTION TRACK CHAIR AVAILABLE G GRIT FREEDOM CHAIR AVAILABLE









- **Handcycling:** This is an excellent way for riders of all abilities to use their upper body strength to travel on Cleveland Metroparks amazing all-purpose trails.

  Time: 1 hr.
  Age: 10+
  Max: 6 Participants
  $10 Per Participant

- **Camp Cooking & Fire Building:** Learn new tips, tricks, and recipes for cooking around the campfire. We also teach you the basics of starting your own campfire. A G

  Time: 2 hrs.
  Age: 5+
  Max: 10 Participants
  $20.00 Per Participant

- **Kayaking:** Adaptive kayaking is specifically designed for guests with disabilities to enjoy the water and explore new areas of Cleveland Metroparks. Adaptations, staff support, and adaptive kayak equipment provided.

  Time: 1.5 hrs.
  Age: 8+
  Max: 10 Participants
  $15.00 Per Participant

- **Fishing:** Learn the basics of fishing such as casting, setting bait, and catch-and-release practices. Reasonable accommodations can be made for anglers of all abilities. A G

  Time: 2 hrs.
  Age: 8+
  Max: 10 Participants
  $20.00 Per Participant

- **Hike and S'mores:** Enjoy a scenic hike under the guidance of Cleveland Metroparks staff followed by s'mores around a campfire. A G

  Time: 1.5 hrs.
  Age: 8+
  Max: 10 Participants
  $15.00 Per Participant

- **Snowshoeing:** Guests will learn about snowshoeing and enjoy a snowshoe experience in accordance with group needs and abilities. A

  Time: 1.5 hrs.
  Age: 5+
  Max: 10 Participants
  $15.00 Per Participant

- **Voyageur Canoe:** Enjoy a fun and unique experience on a 17-seat canoe! Learn basic paddling techniques while you work together as a group to paddle.

  Time: 1.5 hrs.
  Age: 8+
  Max: 17 Participants
  $15.00 Per Participant